



DAILY VIBRATO EXERCISE

diatonic version for late-beginner players

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Diatonic Vibrato Exercise

The image displays a musical score for a diatonic vibrato exercise, consisting of seven staves of music. Each staff begins with a measure number (17, 19, 21, 23, 25, 27, 29) and contains a sequence of eighth notes grouped into triplets, indicated by a '3' below the notes. A long, sweeping slur arches over the entire sequence of notes across all staves. The notes are arranged in a diatonic scale, moving from a lower register to a higher register. The exercise concludes with a final note on the seventh staff, marked with a fermata and a vibrato symbol.

Vibrato is a beautiful technique that can give our flute playing a "singing" quality if done tastefully – singers themselves use this same technique! When practicing this exercise, be sure to keep the throat open and relaxed, strive for smooth, rounded waves, and as always, hold yourself to a standard of a beautiful and focused tone.

Practice this with a metronome, beginning at 60BPM. Expect to gradually increase the speed over several lessons. Vibrato in music is generally not metered like it is here, but the purpose of this exercise is to gain full control over the throat muscles before setting the sound free.